



The Appleton School Parent Bulletin

Newsletter dated: 15.03.24

House System

Congratulations to all pupils in Year 7, 8 and 9 for your achievement points that you have earned since the start of the academic year.



House	Grand Total
Austen	22102
Nightingale	19446
Tull	16208
Turing	19219
Grand Total	76975

Key Dates

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Attendance & Achievement

How much does attendance impact on achievement and success?

The school's expectation of attendance is at least 97%. The impact on good attendance on your progress is shown in the table below with 94% of students achieving their target grades at the end of year 11. The higher your attendance the best possible chance of personal success!

Attendance %	Achieve expected target grades.	You will only achieve your target grade in:
<80%	20%	2 of your subjects
80-84.9%	33%	3 of your subjects
85-89.9%	46%	4 of your subjects
		You will achieve your target grade in:
90-91.9%	53%	5 out of 9 subjects
92-95.9%	75%	7 out of 9 subjects
96%	84%	8 out of 9 subjects
97%	94%	9 out of 9 subjects



GENERAL NOTICES

Year 11 Curriculum Information Evening

Following our recent Year 11 Curriculum Information Evening, Please find the link below which will direct you to our revision page. Here you will find subject revision resources along with the revision lessons we have been exploring during form time and CAPE. Additionally, you will find the PowerPoints we shared during last week's event.

<https://www.theappletonschool.org/students/revision-resources>

Mobile Phones

We would like to thank all parents for their support with enforcing our rule on mobile phones/headphones/airpods in the corridors and classrooms, we have already seen a huge improvement in school.

Guidance for Students



- Starts from 8:25am (first bell)
- Mobiles and headphones/airpods are not allowed anywhere in the building.
- Teachers can ask students to use phones in lessons, for specific learning activities, but at the teacher discretion.
- Phones go to the main office where the behaviour policy applies, with a letter going home and a third offence requiring parents to collect.
- Refusal to comply, will be treated in the same manner as any defiance and there will be consequences of an SSA detention, sent to the reflection room or suspended depending on the level.
- Timetables are an issue. Students have been told that they are to ask teacher permission at the end of a lesson, if they need to check. You will also be provided with a paper version of your timetable on Monday.

Achieving Excellence



GENERAL NOTICES

Vision and Values

Currently, our students are reviewing the core vision and values of our school. Our vision is that we are “achieving excellence” together. Our core values help us learn important qualities and behaviours that encourage us to be responsible and kind citizens, and help us grow as individuals and in friendships.

- ⇒ **Respect:** We should appreciate everyone in our community. We are all unique and deserve kindness. We should also take care of our school family and wider community.
- ⇒ **Resilience:** It's important to face challenges bravely. We can learn from our mistakes and successes. We should be ready for changes and handle tough times calmly.
- ⇒ **Community:** We are all part of the Appleton family. Let's all work together to make our school a happy place. We should be proud of our diverse community and get involved.
- ⇒ **Aspiration:** We should aim high and always try our best. Let's work hard to do well in everything we do.

Respect

Recognise the value we all give to society. Recognise we are all different from one another and deserve respect. Care for our immediate and wider environment. With respect being fostered by our community we will **excel together**.

Resilience

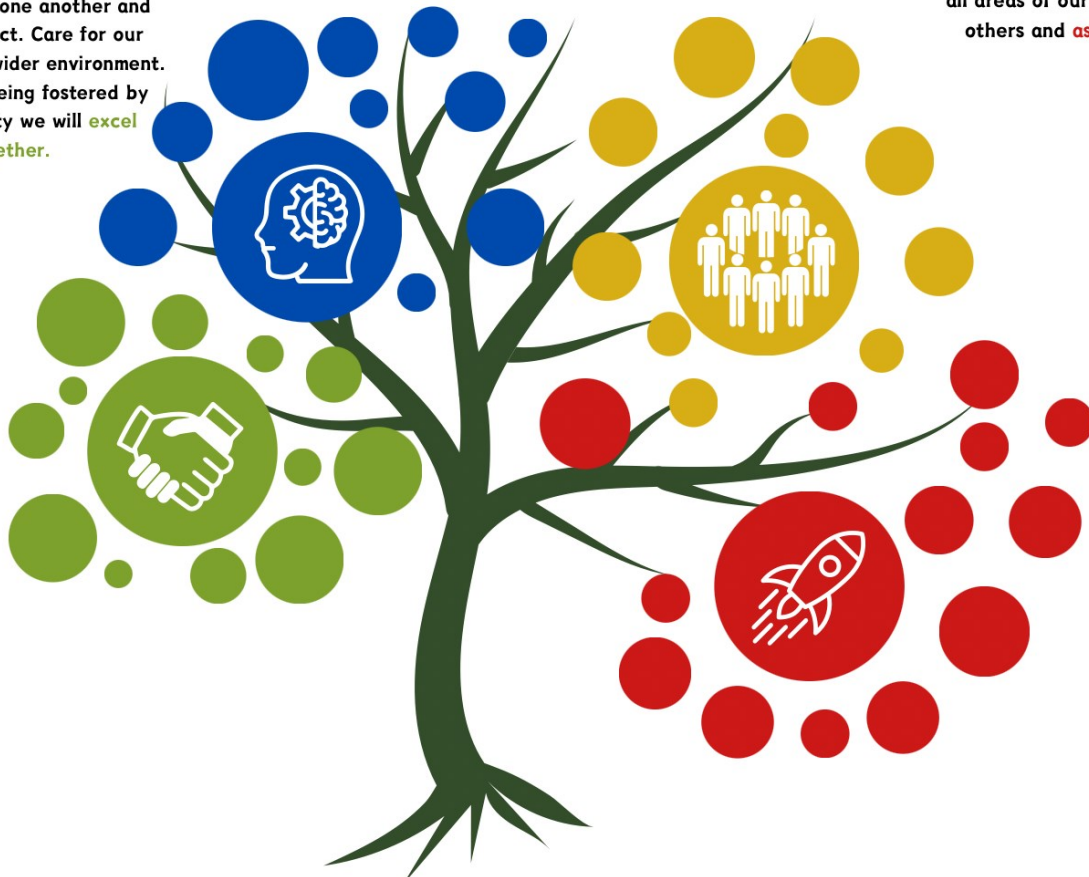
Embrace the opportunity to face challenges. Value the chance to learn and grow from both our successes and mistakes. Adapt to change and manage stress to overcome set-backs, leading to us to **persevere together**.

Community

Commit to making a positive contribution to our Appleton Family. Value and connect with our diverse community with purpose and pride. By working together we will **innovate together**.

Aspiration

Commit to ambitious individual goals and have high expectations. Demonstrate motivation to thrive in all areas of our lives. To inspire others and **aspire together**.





PE Fixtures

PE Fixtures



Monday 18th March

Year 7 Girls District Netball Rally @ Cornelius (Away)

Tuesday 19th March

Year 7 Girls Football Vs Castleview (Home)

Wednesday 20th March

Year 7 Boys District Rugby @ Canvey Rugby Club

Thursday 21st March

Year 8 Boys Rugby @ Chase (Away)

U16 Girls Essex Cup Netball Vs Orsett Heath Academy (Home)

Friday 22nd March

No fixtures

PE News

Year 7 Athletics 1st and 2nd place!

Last Wednesday the Year 7 Athletics team took part in the Lee Valley Indoor Athletics Schools Cup B Final. All of the students involved performing exceptionally well improving on their performances from the previous rounds. I am delighted to announce that the Year 7 girls finished in 1st place and the boys in 2nd place. Well done to all of the team that took part! What an excellent start to their athletics careers at The Appleton School

Year 11 Football

The Year 11 Football team beat Shoebury 3-2 in the South East Essex Plate. The team came back from 2-0 to score a winner in the final minutes. The team will now play either Sweyne Park or Chase in the semi-final.

Year 8 and 9 Netball

The Year 8 and 9 netball team both took part in the Castle Point and Rochford District Rally, the girls representing the school exceptionally well and showed great team spirit throughout the competition.



CELEBRATING SIXTH FORM STUDENTS

Ronnie Foster - Year 12

Ronnie entered the Tutor2U essay writing competition and submitted an entry on 'The Nature of the Economic Problem'. Ronnie received an honourable mention by Tutor2U on his impressive writing piece. A huge congratulations and a massive well done to Ronnie.

Charlie Harris - Year 13

On Sunday 10th March Charlie won a Silver medal in the British Schools Championships 2024 for Judo. A massive congratulations and well done to Charlie on his win, especially whilst studying for his upcoming examinations.





Blake Williams (form 808) is playing the Artful Dodger in Basildon Operatic Society's production of Oliver! at the Towngate Theatre on:

May 30th at 7.30pm

May 31st at 7.30pm

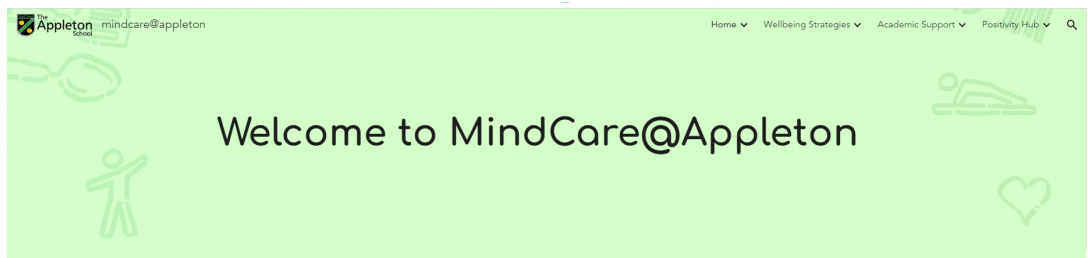
June 1st at 2.30pm

See below flyer and a picture of him in his last production of Oliver! which was at the Palace Theatre Southend





Mental Health January 2024



We are delighted to invite you to a special space dedicated entirely to your well-being and happiness – the Appleton MindCare Hub. This page has been thoughtfully crafted with your needs in mind, offering practical strategies and valuable resources to support your physical, emotional, and psychological well-being.

Here, you'll discover strategies, tips, and insights to cultivate a healthy and balanced lifestyle. Whether it's dealing with stress, managing emotions, or finding ways to stay active and positive, we've got you covered.

It's also a place to access essential resources and information shared for significant wellbeing events that matter to our Appleton community. Whether it's exam preparation, or wellness campaigns, you'll find timely updates and helpful resources right here.

Remember, your well-being is of utmost importance, and we are committed to providing you with the tools and knowledge you need to flourish. Together, let's make Appleton a place where every student shines brightly!

As part of our ongoing goals to promote and support student mental health and wellbeing, we would like to highlight further updates made to the [MindCare@Appleton](#) website which students can access [here](#).

1) Updates to the positivity hub:

- New [positive habits](#) calendar for January to help students develop a positive mindset for the new year.
- Last month we shared tips for how to make meeting our new year's resolutions more likely, so this month we have added a calendar which gives examples of specific goals to meet each day in January.
- We will be reflecting on these goals in form time, but it can also be a useful task to complete outside of school.

2) Key contacts / dates:

- Students can collect Wellbeing Support cards which provide them with a physical copy of key contacts (both in and out of school). These can be collected from the pastoral office.
- The [events](#) calendar has been updated for this academic year highlighting key mental health days. More details about resources and activities taking place in school will be provided closer to the time of specific events.

3) Additional resources:

- [Flourish](#) is an excellent YouTube channel run by Jo Morton Brown (Emotional Wellbeing Practitioner) aiming to help people of all ages develop positive coping strategies to support their mental health. Examples include videos providing guidance on how to make new friends, beat back to school anxiety, and be a kind person. Jo will also be leading some virtual workshops to help our students manage exam-stress later this half term.
- Anger management kit under [Mindfulness Exercises](#) resources provides ways to help students identify, understand, and manage their anger in appropriate ways.

If you would like us to add further information or resources on any specific topics on [MindCare@Appleton](#), please contact us. Thank you for your ongoing support in working together to promote positive wellbeing for our students.

Miss S Sangha
Mental Health Lead



Lady McAdden Breast Cancer Trust Gowns For Good



GOWNS FOR GOOD

BRIDAL & PROM BOUTIQUE
BY LADY MCADDEN BREAST CANCER TRUST

Lady McAdden Breast Cancer Trust have relaunched their Prom & Bridal Dress Shop in the Royals Shopping Centre, Southend. We have had lots of new amazing donations from Del Tailors, Blue Beau Boutique and Chantilly Lace. The most you will pay for a dress is £100! So why not get yourself prom ready and help a charity at the same time.

Opening Times: Tuesday 10-4pm, Saturday 10-4pm.
No appointment necessary.

For further information please email info@ladymcadden.org
or phone 01702343288.



FREE Bouldering for SEND Children

Bouldering Sessions

We are excited to share that we have received funding to provide Bouldering Sessions in partnership with Indirock. This funding has allowed us to offer complimentary bouldering sessions to children and young people between the ages of 6 and 17 who are suspected or diagnosed with specific educational needs and disabilities (SEND). The free sessions are available to registered families in Southend, Castle Point, and Rochford District.

In partnership with Indirock, we provide complimentary bouldering sessions for children and young individuals who are neurodivergent and/or have disabilities. These sessions can benefit children and young people with neurodevelopmental conditions, such as Autism and ADHD, who may struggle with social and emotional communication, self-regulation, and executive functions. Bouldering can help build motor skills, co-ordination, balance, core strength, and self-confidence, enhancing their overall well-being.

Children and young people who are Autistic or/and are ADHD (amongst other neurodevelopmental conditions) have difficulty with social and emotional communication. They may also need support with self-regulation and developing their executive functions.

What are the signs of dysregulation?

- difficulty managing frustration
- sporadic impulse control
- emotionally reactive behaviours
- struggling with problem-solving



In what ways can bouldering be beneficial?

Children and young people who are neurodivergent may have difficulties with their gross and fine motor skills. Their stability, balance, and core strength may be underdeveloped.

- Boosts co-ordination
- Builds core strength
- Improves balance
- Strengthen muscles (perfect for those with hypermobility)
- Develop motor processing
- Enhances self-confidence and self-esteem
- Strengthens sequential thinking
- Builds trust
- Promotes decision making
- Gain confidence to take responsibility to make their own choices
- Develops autonomy



Bouldering Sessions



'Give it a go' taster sessions

Wednesdays Term Time
Time: 4.30 pm - 5.30 pm
Ages 6-17yrs

Bookable via the membership zone or by contacting info@strmsupport.co.uk

Join the Bouldering Club

Following the taster session, participants can join the Bouldering Club, which meets weekly and requires advanced booking.

Wednesday Term time
Time: 4.30 pm - 5.30 pm
Ages 6-17yrs

Bookable via the membership zone or by contacting info@strmsupport.co.uk

Have you visited Indirock previously?

Have you visited Indirock without us? It is possible to skip the 'Give it a go' session and proceed directly to the Club sessions to enhance your skills.

Contact info@strmsupport.co.uk to find out more.

To register with us scan this QR code



STRM - SEND the Right Message Registered Charity 110957



info@strmsupport.co.uk

Free STRM charity membership registration is required before booking.

Watch our Youtube video about Bouldering at Indirock <https://youtu.be/pVDHLEINxgQ?si=bEN3zHdhLRgZ239q>



Attendance

The Appleton School **Being In School, On Time Really Matters**



Did You Know... ?

If your attendance	You would miss	you are likely to achieve your target grade in
was 97%	5 days of school	9 out of 9 GCSEs
was 95%	9 days of school	7 out of 9 GCSEs
was 92%	15 days of school	5 out of 9 GCSEs
was 90%	19 days of school	4 out of 9 GCSEs
was 85%	29 days of school	3 out of 9 GCSEs

WE WANT YOU TO ACHIEVE YOUR BEST

Check your current attendance using the Edulink App

100% Attendance



Did you know that all students with 100% attendance are entered into a weekly prize draw for a Golden Ticket to jump the queue at break and lunch?

And students with 100% attendance all term receive a special attendance award!



Attendance Matters



Research shows us that there is a direct link between pupils attendance at school and how well they achieve

This week, 1009 pupils had 100% attendance.

Congratulations to the following tutor groups who had the best attendance in their year group this week.

701	Mr Hunt	97.6%
806	Mrs Geisser-Holmes	96.1%
904	Mrs Bell	92.8%
1009	Miss Clifforth	95.3%
1104	Ms Beardsell	98.4%





BENFLEET TEAM
SUPPORTING ALL

Teaching Internship



Do you know someone studying a Physics, Chemistry, Maths, Computer Science or Languages interested in teaching as a career?

They could earn £300 a week on our three-week DfE teaching internship programme starting this June in secondary schools across South Essex and Southend-on-Sea.

To find out more email
mhoward@theappletonschool.org

Teaching 

Every Lesson Shapes a Life.



ACL FAMILY LEARNING

**FREE!
COURSES**

**FREE ONLINE COURSES
THIS SPRING**



FIND OUT MORE



call our friendly team on
03330 321 017



Search 'Family Learning' at
aclessex.com



Essex County Council



ACL FAMILY LEARNING

FREE! ONLINE COURSES



- Go To Sleep!
- Setting Boundaries
- Raising Girls
- First Aid Workshop
- Managing Big Emotions
- Getting Teens To Talk
- Mindfulness & relaxation
- Anxiety Coping Techniques for Teens



SCAN ME



call our friendly team on
03330 321 017



Search 'Family Learning' at
aclessex.com



Queries
**aclfamilylearnin
g@essex.gov.uk**

FIND OUT MORE



Essex County Council



ESSEX ACTIVATE



WHAT IS ESSEX ACTIVATE?

Essex ActivAte is the name for the Holiday Activity and Food programme across Essex, run by Active Essex, Essex County Council and Thurrock Council, on behalf of the Department for Education.

Who is the programme for?

Clubs are suitable for children aged 4-16 years old who are eligible for benefits based free school meals or from 'low income' working families who benefit from this extra support. Some clubs may offer paid spaces that run alongside Essex ActivAte, however these can be limited.



What do the clubs offer?

Essex ActivAte clubs offer mainstream primary and secondary provision across the county, also dedicated mental wellbeing and SEND clubs. Each club delivers a variety of physical and enrichment activities, fun food education and a nutritious meal. Family support is also available alongside the programme.

How can I book my child onto a club?

To book onto a club during February, May/June or October half term, head over to the Essex ActivAte booking page on our website, then select the area you live in or the category you require and follow the steps.

To book onto a club during the easter, summer or winter holidays, use the link on your WONDE e-Voucher to find a club and book on, or contact a club directly.

What is considered 'low income'?

We understand that all families circumstances are different, therefore if you are in employment or on an income which means you are unable to attend a holiday club without our support – you can book on.





ACTIVE CHRISTIAN TRUSTS PRESENTS

★
**YOUTH
YOUTH
YOUTH**

ACTIVE CHRISTIAN TRUST PRESENTS

YOUTH GROUP AT THE

MEGACENTRE

MONDAYS DURING TERM TIME

4:30PM – 6:00PM

★ ★ ★ **COME JOIN US FOR FREE** ★ ★ ★

AGE 11 - 16

YOUNG PEOPLE WILL GET TO ENJOY

GAMES BITE SIZE BIBLE MUSIC/SONG WRITING LIFE SKILLS

FOR MORE INFO CONTACT

TIMOTHY.READ@MEGACENTRERAYLEIGH.CO.UK



The Hub @ The MegaCentre
Community. Care. Connect.



The **MegaCentre** Rayleigh

Joy | Hope | Life



Essex County Council
Special Educational Needs
and Disabilities

Essex Local Offer Roadshows

Are you a parent/carer of a young person with special educational needs and disabilities (SEND) and want to know what support is available in your area? Come along to one of our Essex Local Offer Roadshows.

Meet representatives from across education, health and social care as well as local support groups.

No need to book, just drop in!

Parent/carer workshops will also be running. More information to follow soon.



Scan the QR code to
find out more
information



or go to

[The Essex Local Offer Website](#)



In Partnership with





Safe guarding– DEVELOPING HEALTHY SLEEP PATTERNS

At The National College, our WakeUp/Wednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators DEVELOPING HEALTHY SLEEP PATTERNS

Quality sleep is paramount for wellbeing as it impacts our cognitive function, emotional balance and overall health. A World Health Organisation study highlighted that 44% of young people reported difficulty sleeping – potentially affecting their mood, concentration and immune system. Our guide offers expert tips for helping children to sleep more healthily.

1 MINDFUL TECH USE

Encourage a balanced approach to screen time. While phones, laptops, tablets and so on can serve as a helpful means of stress relief, it's advisable to minimise their use right before bed. These devices can keep the mind racing long after they've switched off, impacting how easily and how well a person can sleep.

2 EFFECTIVE SLEEP PRACTICES

Offer practical advice on reinforcing certain habits that have a positive influence on sleeping patterns. Children could start keeping a diary which they add to each evening, for example – or they could use up excess energy by exercising during the day.

3 HYDRATION HABITS

Underline the importance of drinking plenty of water throughout the day, while limiting drinks close to bedtime to prevent disruptions during the night. It's a lot harder to switch off if you keep needing to get out of bed for the toilet. Avoiding caffeinated drinks later in the day also allows the body and brain to slow down naturally, without any chemicals firing them back up.

4 CONSISTENT BEDTIME SCHEDULE

Assist children in developing consistent bedtime routines that tell the body it's time to wind down, promoting a more relaxed state. Establish specific activities for young ones right before going to bed – such as brushing their teeth – to set up an association between that action and falling asleep.

5 OPTIMAL SLEEP ENVIRONMENT

Ensure that the bedroom is comfortable, dark and free from distractions, fostering an ideal space for quality rest. The room's temperature should also be suitable for sleeping – that is, not too hot and not too cold – while rooms should be kept as tidy and free of clutter as possible.

6 RELAXING EVENING ACTIVITIES

Recommend activities that have a calming effect on the mind – such as reading or gentle stretching – in the lead up to bedtime, to prepare the mind for a peaceful night's sleep. Doing something quiet, relaxing and low intensity signals to the brain that it's time to rest and makes falling asleep much easier.

7 PRIORITISING ADEQUATE SLEEP

Emphasise the crucial role of sleep in maintaining physical and emotional wellbeing. It's especially important to sustain a healthy sleep pattern during challenging and intensive periods in our lives: during the exam season for children and young people, for instance.

8 NUTRITIONAL BALANCE

Highlight the significance of a healthy, balanced diet – and its role in establishing a more consistent sleep pattern. Try to lean towards preparing meals with plenty of fruit and vegetables, served in reasonable portion sizes: not only is this a lot healthier, but it also reduces the chances of feeling too full to be comfortable in bed.

9 PARENTAL SUPPORT

Parents and carers, of course, are uniquely situated to support their children in establishing and maintaining healthy sleeping habits. Parents can review their own sleep habits (incorporating anything from this list that they don't do already) to model a balanced bedtime routine and reinforce the importance of self-care.

10 MILITARY SLEEP METHOD

Look up 'the military sleep method'. It's a technique for falling asleep quickly, which incorporates deep breathing exercises. You could encourage children to try it or even use it yourself. While it can take a good deal of practice to perfect, eventually it will start to feel natural – and the results are often extremely impressive!

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. Winner of the Social Enterprise UK 'One to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Gillett – a learning and development specialist who is also Associate Vice-Principal for Personal Development at a large secondary school.



@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 13.03.2024



Careers News



**FREE OXBRIDGE
& TOP
UNIVERSITY
PROGRAMME**

*Y12: How to Become a
Successful Candidate*



**PROGRAMME
SUMMARY**

Free support for Year 12 students submitting their applications to highly competitive universities and medical schools including Oxford, Cambridge, LSE, UCL and Imperial



Focus on high-impact tips that can be used to put students ahead at these early stages of the process.



Help choosing which super-curriculars will have the most impact on student's applications.



With a success rate of 43%, our students double their chances of gaining entry to Oxbridge.





Careers News

“
The programme offered by Leading Education has to be one of the most comprehensive and detailed services that any Year 12 could ask for.
”

—
Past Student
Gained Admission to Oxford 2024
Law



OUR PROGRAMME

- ✓ Students rate our programmes on average at 9.2/10, whilst 98% would recommend us to a friend.
- ✓ Delivered online by world-class admissions consultants from Cambridge or Oxford university.
- ✓ Our advice and materials are derived from detailed research into the G5/Medicine application process.
- ✓ At the end of the programme, we will make students and parents aware of opportunities for further low-cost support or our free access programme should students meet certain criteria.



60-Minute Lecture + Q&A 25th March 2024 | 6pm

We will help students identify the key things they need to be doing at this stage to boost their chances of getting into top universities. We will help them stand out from the crowd and create an impressive application.



1:1 Strategic Consultation

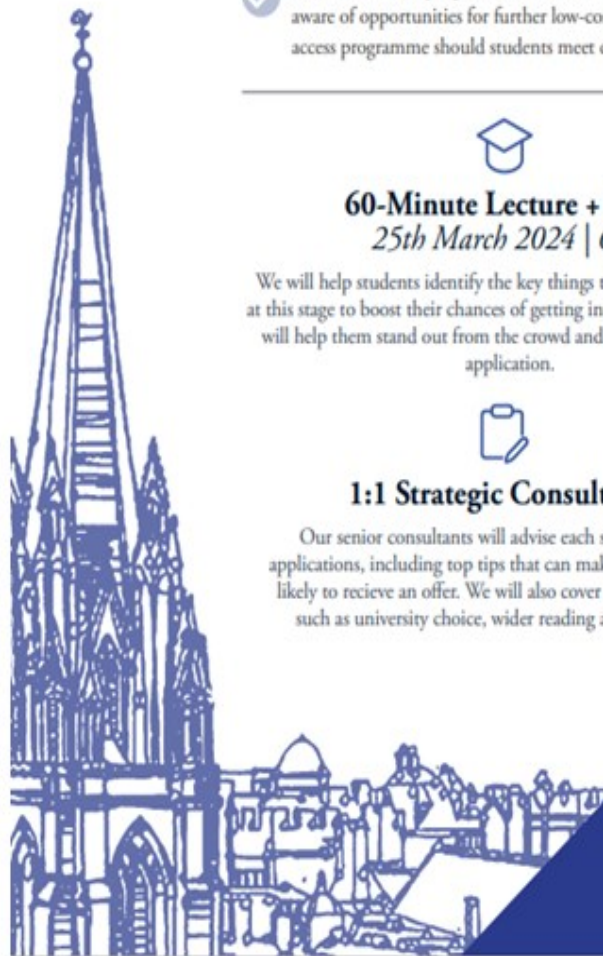
Our senior consultants will advise each student on their applications, including top tips that can make students 4x more likely to receive an offer. We will also cover other components such as university choice, wider reading and much more!

REGISTER NOW

If you are interested, please sign up using either the QR code or the link:



<https://kieran667667.typeform.com/to/tYPXBjPC>





Careers Newsletter

Careers News



Summer Time

Advanced Aerospace Residency

We are pleased to announce our STAAR (Summer Time Advanced Aerospace Residency) applications are now open!

STAAR will run on Monday 22 – Friday 26 July 2024 and Monday 29 July – Friday 2 August 2024. Students who wish to apply must be available for these dates. There are 20 spaces available for each week of the residential - with 40 spaces available overall.

STAAR is designed for **Year 9** students who demonstrate an interest or aptitude for one or more STEM subjects. The STAAR programme is open for students nationwide and all spaces are **fully funded**.

How to Apply - Applications are now open!

New for 2024, our application process is the most accessible one yet.

To apply, please complete the application form here

<https://www.rafmuseum.org.uk/midlands/schools-and-colleges/staar/>

To apply for STAAR 2024, students **must** complete the application form in conjunction with a teacher, school representative or organisation leader. Contact Mrs Palmer The Careers & Employability Manager for further support.

Applications are open until **midday on Friday 19 April 2024**.

The application form includes questions about the student's interest in STEM, a personal statement from the student, supporting teacher statement and contact information for the student and their school.

The STAAR team will be in touch with successful candidates on **Monday 13 May** via the school/organisation email provided.





ANYONE FOR TENNIS

2ND & 3RD, 9TH & 10TH

APRIL

KIDS HOLIDAY CAMPS HADLEIGH PARK LAWN TENNIS CLUB

Looking for an activity for your kids over the school holidays?

Why not join us and sign them up for a tennis camp?

SPACES LIMITED PER GROUP

10 AM - 2PM MINI RED & ORANGE (4-9 YEARS)

10AM - 2PM JUNIOR GREEN & YELLOW (10+ YEARS)



Prices:

Member - £20 per day

Non Member - £22 per day

3 Days Member - £50

3 Days Non Member - £56

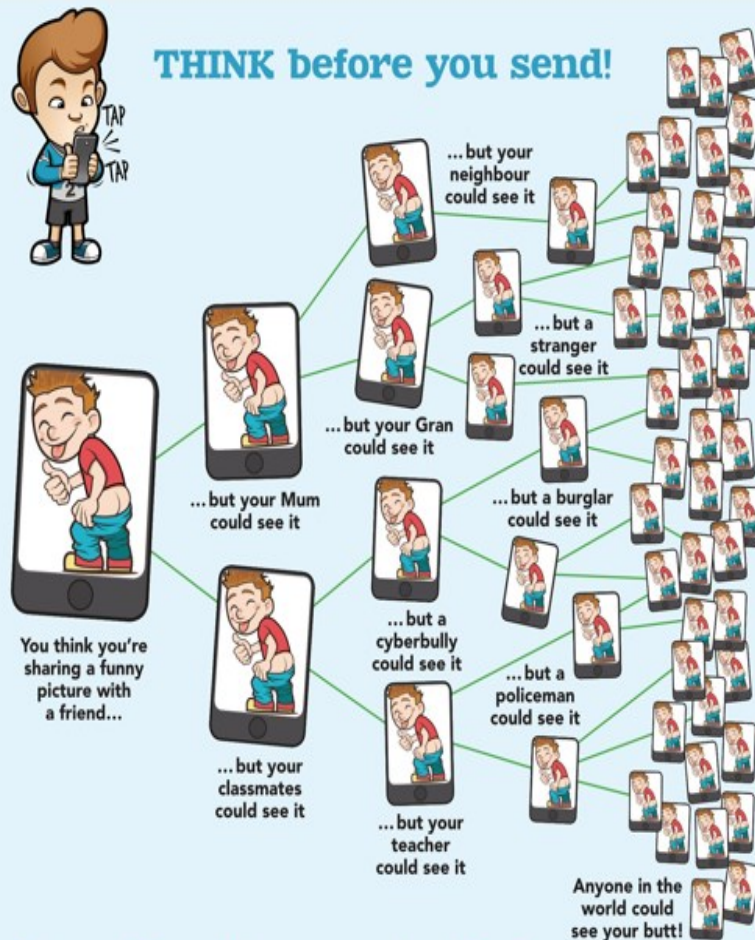
Get 4 days for the price of 3

For more information or to book a place, please contact Graham on 07745 943403





Parent Guides to Online Safety



scan the QR code with your phone's camera for Parent Guides on how to help keep your children safe online



If you share it, you are involved

If you have, or forward an indecent image of someone under 18, it is a criminal offence. It can affect your future.

Online safety is when young people know who they can tell if they feel upset by something that has happened online.

Parents please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Skips Educational Email: info@skipssed.com Tel: +44 121 227 1941

Developed in partnership with



**THE APPLETON
SCHOOL**

Croft Road
Benfleet
Essex
SS7 5RN

Phone:
01268 794215

Email:
info@theappletonschool.org

Website:
www.theappletonschool.org

Quick Links

[EduLink](#)

[ParentMail](#)

[Google Drive](#)

[Satchel One](#)

[Microsoft Teams](#)

[Never Acceptable](#)

Spring Term Dates

Thursday 4th January 24 students return

Monday 19th February –23rd February Half Term

Friday 8th March non pupil day

Thursday 28th March last day of term

Summer Term Dates

Monday 15th April students return

Monday 6th May Bank Holiday

Monday 27th May-31st May Half Term

Friday 19th July last day of term

GCSE Revision Resources

We have provided a wide range of resources to aid your son/daughter when it comes to their revision for each of their examination subjects.

<http://www.theappletonschool.org/students/revision-resources>

A-Level Revision Resources

We have provided a wide range of resources to aid your son/daughter when it comes to their revision for each of their examination subjects.

<http://www.theappletonschool.org/sixth-form/student-life/ks5-resources>

Extra-Curricular Clubs and Activities

https://www.theappletonschool.org/user/pages/04.parents/19.clubs-and-activities/Extra_Curricular_Clubs_and_Activities_-_SPRING_TERM_2024.pdf (Whole School Activities)

https://www.theappletonschool.org/user/pages/04.parents/19.clubs-and-activities/PE_Extra_Curricular_Jan_2024.pdf (PE)